

The Lighter Side of Growing Older
 – Author Unknown

And on the 8th day, God created Seniors. Now, most seniors don't get nearly enough exercise. So God decided they should become a little forgetful – just enough to have to search for their glasses, keys, phones, and other essentials – thereby increasing their daily step count. And God looked down and saw that it was good. Then God noticed another opportunity. Coordination needed a slight adjustment. So He made Seniors a bit more prone to dropping things, requiring bending, stretching, and reaching. And God looked down and saw that it was good. After that, God considered the bladder. More frequent "calls of nature," He reasoned, would ensure regular trips down the hall– excellent for circulation. And God looked down and saw that it was good. So if, as the years pass, you find yourself getting up and down more often than ever before, just remember: it's all part of the divine fitness plan. It's for your own good – even if you grumble about it under your breath. Now, here are eight important truths to remember as we grow older:

#8 Life is a journey that begins at birth and, in time, comes full circle.

#7 Good health is simply the slowest possible rate at which one can die.

#6 Men have two basic motivations: hunger and romance – and sometimes they confuse the two. If you notice a sparkle in his eye, you might start with a sandwich.

#5 Give someone a fish and you feed them for a day. Teach them to use the Internet and they won't ask you for help for weeks... maybe months.

#4 Health fanatics may one day feel quite foolish – lying in a hospital bed, dying of absolutely nothing.

#3 We could all learn from the weather. It doesn't pay attention to criticism.

#2 In the '60s, people took LSD to make the world seem strange. Now the world is strange, and people take medication to make it seem normal.

#1 Life is like a jar of jalapeño peppers. What you do today might be a burning issue tomorrow.

Please share this wisdom far and wide.

Now, if you'll excuse me... I need to make another trip down the hall.



Employee of the Month



My name is Rebecca Rabin, and I have been a part of the Garden View Assisted Living family for almost two years, with my anniversary coming up this August. I work in the kitchen, where cooking has always been a true passion of mine. What I enjoy just as much as cooking is spending time with our residents. Listening to their life stories and sharing moments with them has always brought me joy, and this job allows me to do both—one of the many reasons I love what I do.

I am grateful to work under Monica Jones, the best boss I have ever had. She is deeply dedicated not only to Garden View, but also to the residents and the staff. Monica takes her role seriously while always being supportive and present for her team in every way possible.

I also truly appreciate the kitchen staff I work alongside. We have an amazing team dynamic, and it makes coming to work each day something I look forward to. The entire Garden View staff contributes to making this such a wonderful place to work. Recently, I was given the opportunity to step into the role of Kitchen Lead. I am incredibly thankful for this opportunity and look forward to helping my team continue to learn and grow. Together, we can accomplish anything. Thank you all so much.

UPCOMING ATTRACTIONS: The Bridges of Madison County

Location: Movie Room

Date: 3/10/2026

Time: 2:00 PM

A moving love story about a photographer on assignment to shoot the historic bridges of Madison County. He meets a housewife, whose husband and children are away on a trip, and the film traces a brief affair that is never sordid but instead one of two soul mates who have met too late.



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THE VIEW

March 2026

MEET OUR TEAM

Aimee Adams
 Executive Director

Gabrielle Olivier
 Administrative Assistant

Julie Comeaux
 Accounting Manager

Laci St. Julien
 Community Liaison

Kim Lawson
 Wellness Director

Sylvina Alexander
 Staff Coordinator

David George
 Maintenance Director

Jessica Leon
 Life Enrichment Coordinator



Deborah Thomas | 3/3

Grace Crochet | 3/12

Resident of the Month



Dawn Hebert was born in New Orleans to F. Edward Hebert and Mrs. Hebert. She spent her childhood between New Orleans and Washington, D.C., traveling extensively with her parents and meeting distinguished leaders from around the world.

Throughout her life, Dawn held numerous honorary titles. She was the first Queen of the Mystic Krewe of Louisiana's Washington Mardi Gras, served as the Cherry Blossom Queen, reigned as Queen of Hermes in New Orleans, and was honored as Sugar Bowl Queen.

After graduating from college, she settled in New Iberia with her husband, where they raised four children. In the 1970s, she played a key role in the beautification of downtown New Iberia—an impact that remains visible today.

Dawn is the proud grandmother of nine, great-grandmother of fourteen, and recently became a great-great-grandmother. She treasures her family and friends and is deeply grateful for the kindness and care shown by the Garden View staff.

Mardi Gras King and Queen



We are proud to extend our heartfelt congratulations to this year's Mardi King and Queen, Mr. Lawrence Verret and Ms. Sara Tebele!

UPCOMING ACTIVITIES

Date:	Activity:	Time:
Wednesday, March 4th	Exercise w/ Synergy Care Southeast	10:00 AM
Friday, March 6th	Oreo Cookie Social w/ ReSkin Medical	2:15 PM
Friday, March 6th	Manicure w/ Traditions Health	3:00 PM
Monday, March 9th	Prize Bingo w/ Bridgeway	2:15 PM
Thursday, March 12th	Cypress Bayou Casino	10:30 AM
Thursday, March 12th	Plant a Flower w/ Consolata	2:15 PM
Tuesday, March 17th	Arts & Crafts w/ Acadian HomeCare	2:15 PM
Thursday, March 19th	Lunch Outing @ SHUCKS	10:30 AM
Friday, March 20th	Prize Bingo w/ Home Healthcare 2000	1:00 PM
Thursday, March 26th	Lunch Outing @ SHUCKS	10:30 AM
Thursday, March 26th	Bingo Buck Auction w/ First Option Home Health	2:15 PM
Thursday, March 26th	Rosary w/ Legion of Mary	3:30 PM
Friday, March 27th	Bayou Teche Museum	1:00 PM
Friday, March 27th	Resident Birthday Party	2:00 PM

UPCOMING ENTERTAINMENT

Thursday, March 12th	Music w/ Wayne Busby	10:30 AM
Friday, March 13th	Music w/ RR and Bayou Boys	2:00 PM
Friday, March 20th	Music w/ Tommy Thibodeaux	2:00 PM
Friday, March 27th	Resident Birthday Party & Music w/ Cory Ledet Zydeco	2:00 PM

Communion Services

Friday, March 6th	9:00 AM
Friday, March 20th	9:00 AM

Join us for the Rosary every morning at 9:30 a.m. in the chapel on the second floor.

Mass Schedule

Tuesday, March 3rd	9:00 AM
Tuesday, March 10th	9:00 AM
Wednesday, March 17th	9:00 AM
Tuesday, March 24th	9:00 AM
Tuesday, March 31st	9:00 AM

Arts & Crafts



Ms. Vivian, Ms. Mary, Ms. Sara, Ms. Romona, and Ms. Charlene had a wonderful time celebrating Mardi Gras with festive crafts! Residents enjoyed creating colorful projects in true Mardi Gras style—purple, green, and gold everywhere.

A special thank you to Mary-Elizabeth from Acadian HomeCare for sponsoring the arts and crafts and for the delicious king cake. It was a sweet treat everyone truly enjoyed! It was a fun, festive afternoon filled with smiles and celebration.



Synergy Care Southeast



Thank You, Synergy Care Southeast!

Our residents enjoyed a fun resistance band exercise session with Carlissa from Synergy Care Southeast, focusing on strength, flexibility, and mobility. Thank you also for sponsoring pizza for National Pizza Day and helping make the day extra special!