# Fun Staying Fit

Monday, Wednesday, and Friday

### Exercise with Austyn

Tuesday and Thursday 9:30 AM

#### Bingo

Tuesday and Thursday 3:00 PM

#### Ken Wesley

Monday, January 2, 202 3:00 PM

#### Country Music with Bill Romano

Friday, January 6, 2023

2:00 PM

Relive the Memories with

Wayne Busby

Wednesday, January 4 & 25, 2023

1:30 PM

#### Music with Rodney Mayeaux

Friday, January 13, 2023 2:00 PM

## Musical Performance by

Ron Pennington

Monday, January 16, 2023 2:30 PM

#### Deware Walker

Wednesday, January 18, 2023

1:30 **PM** 

# **Resident Council Meeting**

Wednesday, January 25, 2023 10:30 AM

# January Birthday Party

Monday, January 30, 2023 2:00 PM



# JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Church in Chapel 6:00 Game Cart	9:30 Fun Staying Fit 10:30 Hangman 3:00 Music with Ken Wesley	9:30 Exercise with Austyn 10:00 Rosary in Chapel 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	4  National Trivia Day  9:30 Fun Staying Fit  10:30 Trivia  1:30 Relive the Memories  With Wayne Busby	9:30 Exercise with Austyn 10:00 Communion Service 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	9:30 Fun Staying Fit 10:30 Wheel of Fortune 2:00 Music with Bill Romano 6:00 Movie Time	7 10:00 Coffee Chat 2:30 Game Cart
8 10:00 Church in Chapel 6:00 Game Cart  Happy Birthday Elvis	9:30 Fun Staying Fit 10:30 Hangman 2:00 Wheel of Fortune 4:30 Coffee Social	9:30 Exercise with Austyn 10:00 Rosary in Chapel 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	9:30 Fun Staying Fit 10:30 Words in A word 1:30 Jeopardy 4:00 Happy Hour / Stephanie	9:30 Exercise with Austyn 10:00 Communion Service 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	9:30 Fun Staying Fit 10:30 Wheel of Fortune 2:00 Music W/ Rodney Mayeaux 6:00 Movie Time	10:00 Coffee Chat 2:30 Game Cart
10:00 Church in Chapel 6:00 Game Cart	9:30 Fun Staying Fit 10:30 Hangman 2:30 Vocal Performance by Ron Pennington	9:30 Exercise with Austyn 10:00 Rosary in Chapel 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	9:30 Fun Staying Fit 10:30 Jeopardy 1:30 Piano Performance With Deware Walker	9:30 Exercise with Austyn 10:00 Communion Service 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	9:30 Fun Staying Fit 10:30 Wheel of Fortune 2:00 Arts and Crafts 6:00 Movie Time	21 10:00 Coffee Chat 2:30 Game Cart
10:00 Church in Chapel 6:00 Game Cart	9:30 Fun Staying Fit 10:30 Hangman 2:00 Wheel of Fortune 4:30 Coffee Social	9:30 Exercise with Austyn 10:00 Rosary in Chapel 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	9:30 Fun Staying Fit 10:30 Resident Council 1:30 Relive the Memories With Wayne Busby	9:30 Exercise with Austyn 10:00 Communion Service 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	<ul><li>10:30 Wheel of Fortune</li><li>2:30 Arts and Crafts</li><li>6:00 Movie Time</li></ul>	28 10:00 Coffee Chat 2:30 Game Cart
29 10:00 Church in Chapel 6:00 Game Cart	9:30 Fun Staying Fit 10:30 Hangman 2:00 January Birthday Party 4:30 Coffee Social	9:30 Exercise with Austyn 10:00 Rosary in Chapel 3:00 Prize Bingo 4:30 Pre Dinner Coffee in the Dining Room	HAPPY NE	E 2022 W YEAR 23	January babies!	Happy Birthday! Virginia W. 1/3 Louise B. 1/5 Margaret T. 1/11 Martha M. 1/14